

# Les Choulières circuit (no. 3)

Hautes-Alpes



vue sur le Pelvoux (rogiervanrijn)



## A lovely, tranquil circuit on the south-facing side of the municipality of Vallouise-Pelvoux

This path - relatively easy but with a few technical sections - takes you through the south-facing side of the municipality of Vallouise-Pelvoux and will reward you with a fine panoramic vista over the valley. So you will have the opportunity to take in views of Mont Pelvoux and other legendary peaks in the area.

### Useful information

Practice : Mountain Bike

Duration : 3 h

Length : 13.4 km

Trek ascent : 701 m

Difficulty : Bleu (facile)

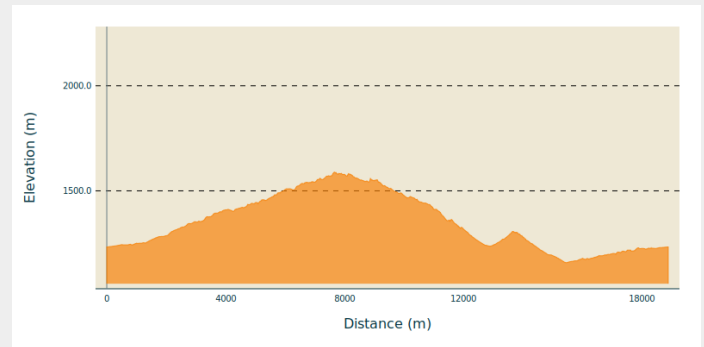
Type : Loop

Themes : Fauna, Flora, Géologie

# Trek

**Departure** : Pelvoux-Vallouise resort  
**Arrival** : Pelvoux-Vallouise resort  
**Markings** : 🚲 VTT FFC boucle locale  
**Cities** : 1. Vallouise-Pelvoux

## Altimetric profile



Min elevation 1158 m Max elevation 1589 m

The trail starts at the Pelvoux-Vallouise resort, near the Village Igloo

1. Cross the footbridge over the Gyr and head left onto the local road. Leave the road 200 metres further on, turning right towards the Domaine des Claux
2. At the end of the track, turn left onto the road leading towards Les Choulières
3. On the hairpin, go straight ahead along a narrow path heading towards the "Adret" (south-facing slopes). ⚠ Caution, dangerous section; if necessary, for safety's sake keep to the biking side along certain stretches
4. At the intersection, turn left towards Le Sarret
5. On the descent to the mountain stream La Juliane, continue straight ahead to cross it
6. At Belle Vue, turn left towards Le Poët and Vallouise
7. At the end of the track, head left, then right and then left again to take a narrow path taking you across the Paulin mountain stream (⚠ Be careful not to be caught by the current!)
8. Head left on a track which runs downhill to a paved road, then the local road in Vallouise
9. At the crossroads near the bridge, turn right to take a track, called Le Moulin, which runs along the left-hand bank of the Gyr
10. Cross the bridge spanning the Gyr and head right towards your starting point.

# On your path...



# All useful information

## Les chiens de protection des troupeaux - VTT

### **Advices**

Rescue services contact details: Secours Montagne(Mountain Rescue): +33 (0)4 92 22 22 22 or 112

Show consideration for the work of farmers, livestock keepers and owners

Take your litter home

Do not take shortcuts across pastureland

### **How to come ?**

#### Transports

Public transport >> [www.pacamobilite.fr](http://www.pacamobilite.fr)

Consider car-sharing >> [www.blablacar.fr](http://www.blablacar.fr)

For more information, ask at the Tourist Information Office nearest to the trail starting point >> [www.paysdesecrins.com](http://www.paysdesecrins.com)

#### Access

12.5 km from L'Argentière-la-Bessée, take the D994E.

#### Advised parking

Pelvoux-Vallouise resort car park, Pelvoux

### **Source**



Pays des Ecrins

<https://www.paysdesecrins.com>