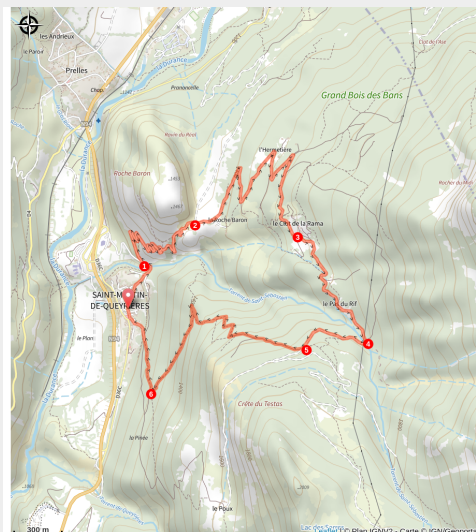


Le Poux circuit (no. 1)

Hautes-Alpes



Poux 1 (Thibaut Blais)



Running above the municipality of Saint-Martin-de-Queyrières, this circuit offers a tranquil, simple walk along easy, accessible paths.

This mountain bike route invites you on a discovery of one of the key climbing sites in the Pays des Écrins, called the Rocher Baron. You will then pass through two small hamlets in the municipality of Saint-Martin-de-Queyrières, both built around their alpine pasture chapel. Both villages stand on the banks of the mountain stream which has shaped the Saint-Sébastien valley. The circuit ends with a descent through a conifer forest overlooking the municipality.

Useful information

Practice : Mountain Bike

Duration : 1 h 30

Length : 7.7 km

Trek ascent : 678 m

Difficulty : Rouge (difficile)

Type : Loop

Themes : Fauna, Flora, Géologie, Histoire et architecture

Trek

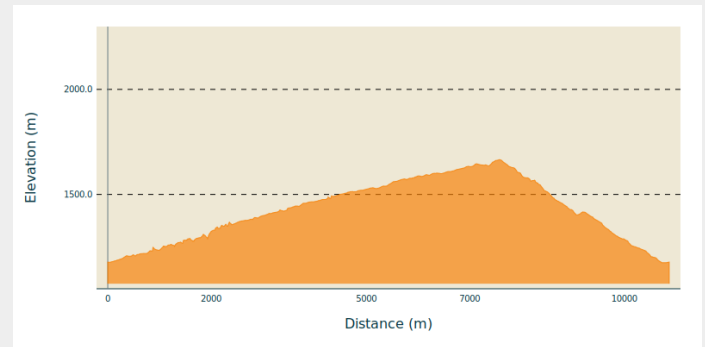
Departure : Mayor's office ("Mairie"),
Saint-Martin-de-Queyrières

Arrival : Mayor's office ("Mairie"), Saint-
Martin-de-Queyrières

Markings : 🚰 VTT FFC boucle locale

Cities : 1. Saint-Martin-de-Queyrières

Altimetric profile

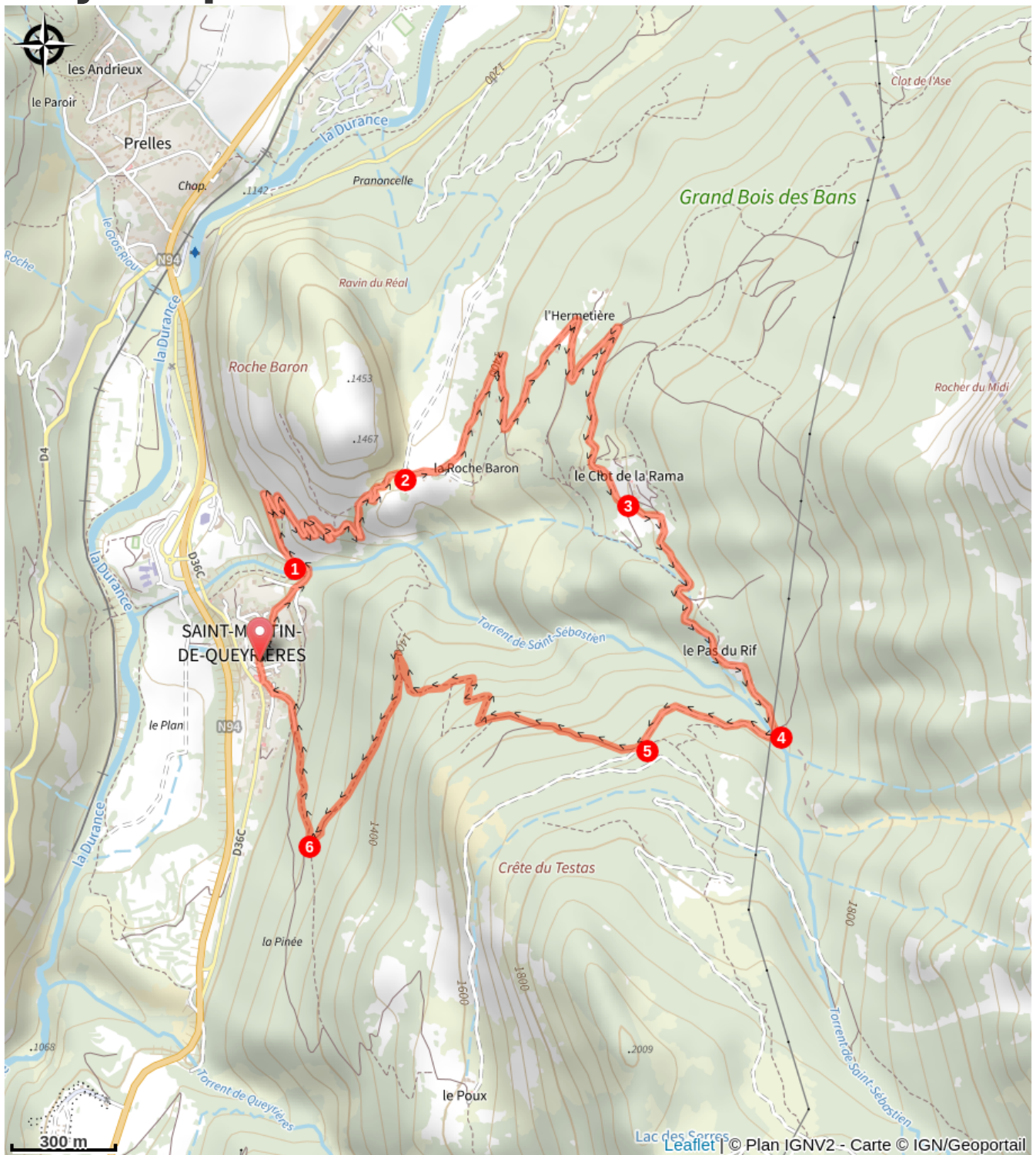


Min elevation 1175 m Max elevation 1666 m

As you leave the car park of the mayor's office ("Mairie") in Saint-Martin-de-Queyrières, turn left.

1. After crossing the Saint-Sébastien mountain stream, head right towards the Rocher Baron, a drivable track all the way
2. When you reach the plateau of the Rocher Baron, head right
3. At Le Clot de la Rama, carry on along the drivable track towards Le Pas du Rif
4. Cross the footbridge over the Saint-Sébastien mountain stream, heading towards Le Poux
5. Approximately 500 metres after the footbridge, turn right off the track and follow the path running downhill
6. 200 metres after the water catchment, leave the track and turn right towards the municipality of Saint-Martin-de-Queyrières and your starting point

On your path...



All useful information

Les chiens de protection des troupeaux - VTT

Advices

Rescue services contact details: Secours Montagne(Mountain Rescue): +33 (0)4 92 22 22 22 or 112

Take your litter home

Do not take shortcuts across pastureland

How to come ?

Transports

Public transport >> www.pacamobilite.fr

Consider car-sharing >> www.blablacar.fr

For more information, ask at the Tourist Information Office nearest to the trail starting point >> www.paysdesecrins.com

Access

9 km from L'Argentière-la-Bessée, take the N94

Advised parking

mayor's office ("Mairie") car park, Saint-Martin-de-Queyrières

Source



Pays des Ecrins

<https://www.paysdesecrins.com>