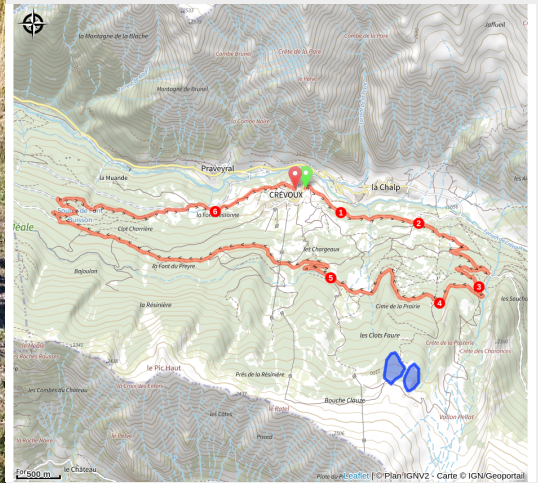


Loop 57 - Le Méale

Hautes-Alpes



(Kinaphoto)



A pleasant loop in summer, on shady forest tracks in Crévoux and the Parpaillon massif.

Departing from this family-friendly resort, the Méale is a mountainous loop through woodland and clearings where herds of cows have replaced skiers.

You can take the red route no. 58 "Crévoux" if you want to extend the route.

Useful information

Practice : Gravel

Duration : 1 h 15

Length : 14.7 km

Trek ascent : 693 m

Difficulty : Vert (très facile)

Type : Loop

Themes : Pastoralism, Point de vue

Trek

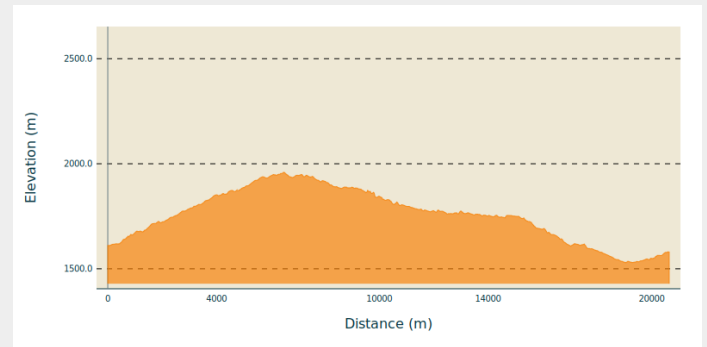
Departure : Crévoux

Arrival : Crévoux

Markings : — PR

Cities : 1. Crévoux

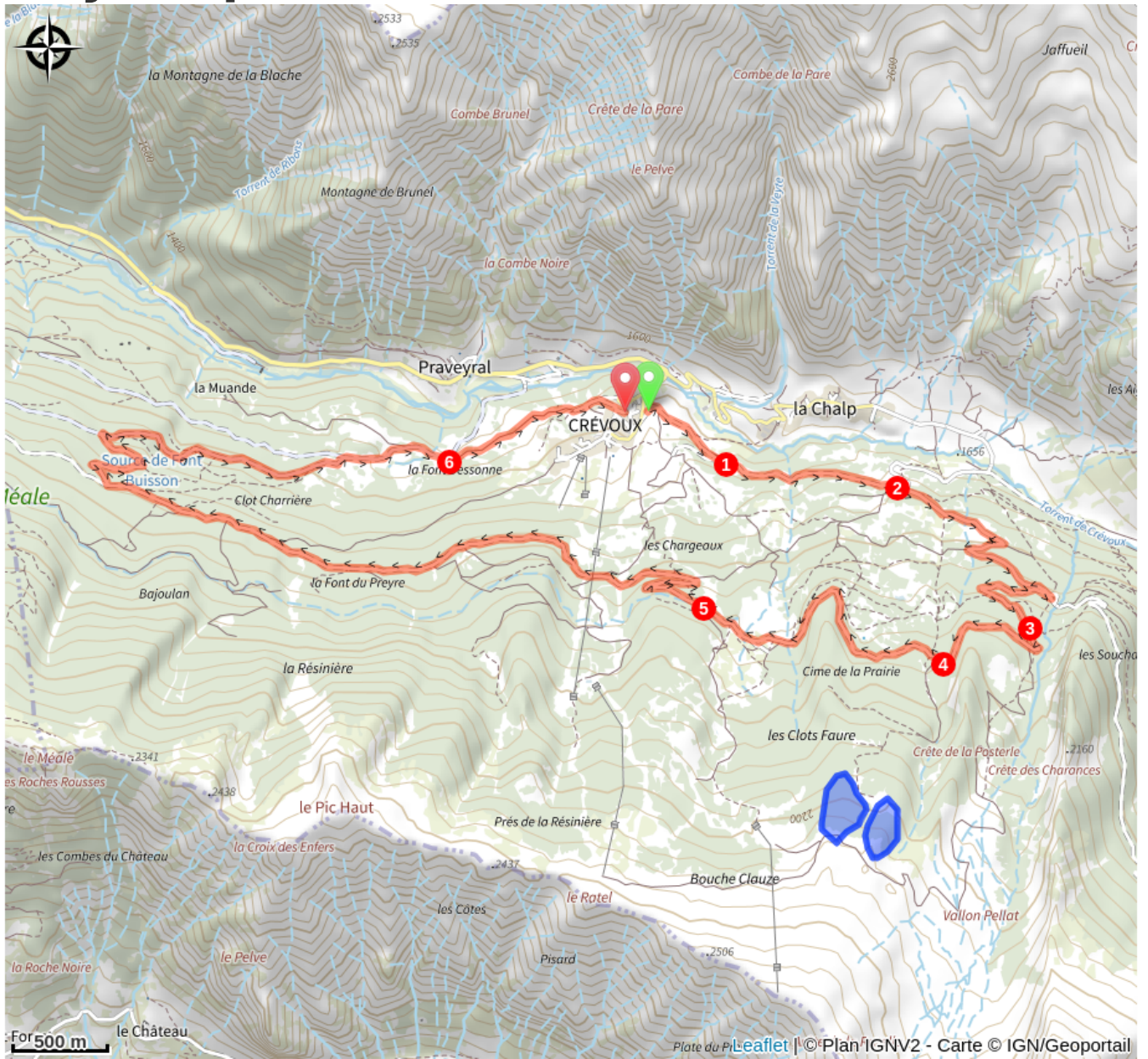
Altimetric profile



Min elevation 1529 m Max elevation 1959 m

1. From the village square, head up the street that starts at the war memorial. At "Champ La font 2", take the stony track opposite towards the hamlet of La Chalp. Continue straight ahead on the main path until you reach the road.
2. At the bend, ascend the road on the right to the picnic area (Cabane des Espagnols)
3. At the picnic area, turn right twice onto the uphill path (there is a spring if you stay on the road after the Réal bridge on the right). Stay on the main track (Route forestière de Bouche Clauze),
4. At the bend of a track, descend to the right.
5. At the track, descend to the right towards Crévoux, about 3.5 km. Continue straight down the main track.
6. Slow down and take the barely visible path on the right towards the county town. At the end of the path, join the road and Crévoux on the right.

On your path...



All useful information

Les chiens de protection des troupeaux

Advices

Avant de partir vérifiez l'état de votre vélo, surveillez la météo et équipez vous selon la saison et la durée de votre randonnée.

Vous évoluez en zone de montagne, privilégiez des pneus de Gravel large, des freins à disque hydraulique et maîtrisez votre vitesse.

Prudence dans la descente du Hameau de Vière et pour rejoindre la vallée de la Durance.

Pour plus de confort faites appel à un moniteur de cyclisme

Secours : 112

How to come ?

Transports

SNCF: Chorges station, Embrun <https://www.sncf-connect.com/>

Bus : Valserres, La Bâtie Neuve, Chorges, Puy Saint Eusèbe, Puy Sanières, Embrun Baratier, Les Orres, Remollon, Theus, Espinasse

Marseille-Briançon : (LER29)

Marseille, Nice : Lignes Express Régionales (LER) +33 (0)809 400 415

Grenoble : Transisère +33 (0)4 26 16 38 38

Gap-Barcelonnette (LER535)

Carpooling area : Rond point des Orres - 05200 Baratier

Plane:

Marseille Provence Airport (188km) - +33 (0)820 811 414

Grenoble Alpes Isère Airport (158km) - +33 (0)4 76 65 48 48

Lyon Saint Exupéry Airport - (203km) +33 (0)826 800 826

Turin Caselle Airport - (178km) + 39 011 567 63 76

Access

From Grenoble, Lyon, Paris : RN 85 or RN 75. At Gap, take the RN 94 towards Briançon.

From Marseille, Montpellier A51 to La Saulce, continue towards Tallard (D942) and Briançon (RN 94).

Advised parking

Place du village, Crévoux

Source



Serre-Ponçon

<https://www.serreponcon.com>