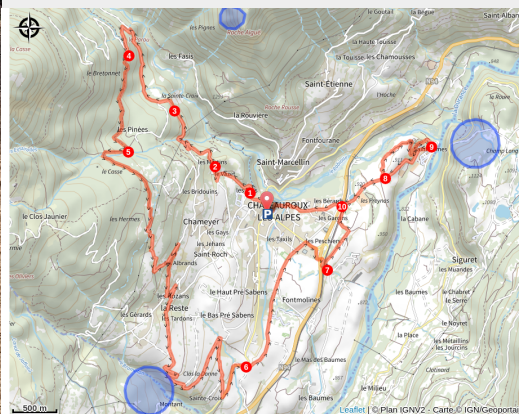


Loop 54 - Les Pinées

Hautes-Alpes



(Emmanuel DANJOU)



A mountain route with an escape along the banks of the Durance to discover the Vague du Rabioux

A mountain and forest ambience on the first part of the route, with cool, damp streams and the old steep road on the side of the Rabioux gorges. If you keep your eyes peeled you might even catch a glimpse of the Demoiselles Coiffées. The return journey, a jaunt along the banks of the Durance, is less difficult. A fairly difficult blue course.

Useful information

Practice : Gravel

Duration : 1 h 45

Length : 20.5 km

Trek ascent : 859 m

Difficulty : Vert (très facile)

Type : Loop

Themes : Lac et glacier, Histoire et architecture

Trek

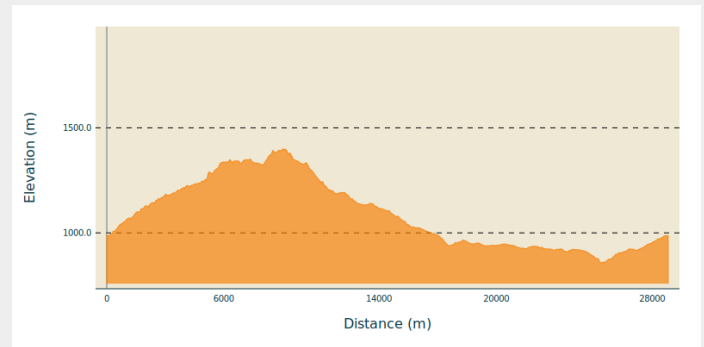
Departure : Châteauroux les Alpes

Arrival : Châteauroux les Alpes

Markings : — PR  GR

Cities : 1. Châteauroux-les-Alpes

Altimetric profile



Min elevation 858 m Max elevation 1401 m

1. Just after Châteauroux-les-Alpes town hall, turn left up rue sainte-Irieneé (D663). At the cemetery, skirt it to the right and head up the road to the right towards the 'Les Pins' camp-site.
2. At Le Vazet take the hairpin road to the right, then the path straight ahead.
3. At the road turn right towards the waterfall (DFCI G84). At the Auberge de l'Épinay road, turn right towards the Charançons gîte, Muandes car park and the Pisse waterfall.
4. At the lookout, ascend to the left and then turn left a second time. /!\ At the hairpin bend, leave the track and take a path straight downhill. Ride along the canal and dismount in a few places.
5. Then leave the canal to ascend 200 m to the right at the level of the torrent des Échirolles (steep climb) then turn left twice following the GR. Stay on the main track, then turn left onto the road when you reach the first few houses. /!\ Slow down on the downhill road: leave it at the hairpin on a track to the right. At the road, turn left downhill and then right through the hamlet of Les Rozans. Choose the most well-signposted options downhill as far as the road.
6. At the D994H, ascend to the left, then after 300m descend to the right the road of Fontmoline in direction of the camp-site les Cariammas.
7. 7200 m after the football pitch, descend to the roundabout on the right, take the 1st exit towards Briançon. After the bridge, turn right towards Les Baumes. After the railway bridge (Pont des Eygas), take the path on the left and stay on the road.
8. At the pisciculture des écrins, turn right onto the route de la vague. At 600m, take the stony track on the left until you reach the chapel of St Jacques, then descend on the right to join the road.
9. At the road descend to the left as far as the Vague du Rabioux and make a U-turn staying on the road
10. Returning to the fish farm, cross the railway line and then the bridge to reach the village, staying on the road.

All useful information

Les chiens de protection des troupeaux

Advices

Avant de partir vérifiez l'état de votre vélo, surveillez la météo et équipez vous selon la saison et la durée de votre randonnée.

Vous évoluez en zone de montagne, privilégiez des pneus de Gravel large, des freins à disque hydraulique et maîtrisez votre vitesse.

Prudence dans la descente du Hameau de Vière et pour rejoindre la vallée de la Durance.

Pour plus de confort faites appel à un moniteur de cyclisme

Secours : 112

How to come ?

Transports

SNCF: Chorges station, Embrun <https://www.sncf-connect.com/>

Bus : Valserres, La Bâtie Neuve, Chorges, Puy Saint Eusèbe, Puy Sanières, Embrun Baratier, Les Orres, Remollon, Theus, Espinasse

Marseille-Briançon : (LER29)

Marseille, Nice : Lignes Express Régionales (LER) +33 (0)809 400 415

Grenoble : Transisère +33 (0)4 26 16 38 38

Gap-Barcelonnette (LER535)

Carpooling area : Rond point des Orres - 05200 Baratier

Plane:

Marseille Provence Airport (188km) - +33 (0)820 811 414

Grenoble Alpes Isère Airport (158km) - +33 (0)4 76 65 48 48

Lyon Saint Exupéry Airport - (203km) +33 (0)826 800 826

Turin Caselle Airport - (178km) + 39 011 567 63 73

Access

From Grenoble, Lyon, Paris : RN 85 or RN 75. At Gap, take the RN 94 towards Briançon.

From Marseille, Montpellier A51 to La Saulce, continue towards Tallard (D942) and Briançon (RN 94).

Advised parking

Parking de la Mairie, Châteauroux le Alpes

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Short-toed snake eagle

Sensitivity period: March, April, May, June, July, August, September

Contact: Parc National des Écrins
Julien Charron
julien.charron@ecrins-parcnational.fr

Nidification du Circaète-Jean-le-Blanc

Les pratiques qui peuvent avoir une interaction avec le Circaète-Jean-le-Blanc en période de nidification sont principalement les pratiques aériennes comme le vol libre ou le vol motorisé.

Merci d'essayer d'éviter la zone ou de rester à un distance minimale de 300m sol quand vous la survolez soit 1410m d'altitude !

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Source



Serre-Ponçon

<https://www.serreponcon.com>