

# VTT N°18 - The Durzon Spring

Aveyron



Vers la Source... (Virginie Govignon - OT Larzac et Vallées)

Through the small bucolic paths of the “Garden of Aveyron”, this mountain bike loop, accessible to everyone, takes you peacefully to the Durzon spring, punctuated by the murmuring of clear water.

From the « Place du Claux » in Nant, go for a refreshing breakaway in the Durzon valley. From irrigation canal to stream, water is the blue thread of this route that leads you to the resurgence of the Durzon, where the water flows in a green landscape of undergrowth. An exciting ride to share with your family!

## Useful information

Practice : Mountain Bike

Duration : 1 h 15

Length : 12.6 km

Trek ascent : 134 m

Difficulty : Vert (très facile)

Type : Round trip

Themes : Géologie, Eau, Histoire et patrimoine

Accessibility : VTTAE

# Trek

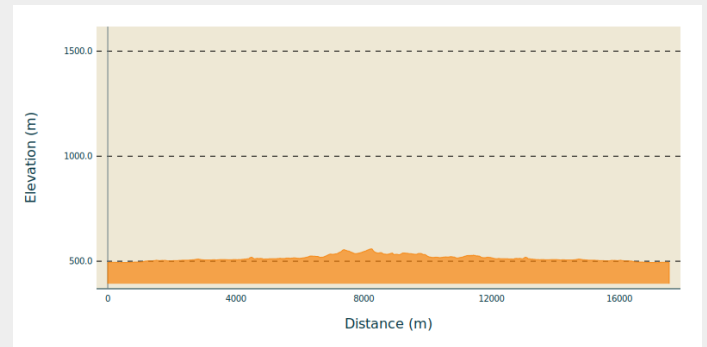
**Departure** : Nant

**Arrival** : Nant

**Markings** : VTT Parc

**Cities** : 1. Nant

## Altimetric profile



Min elevation 493 m Max elevation 560 m

1. From the parking, pass the old market and go to the square « Place St-Jacques ». Take the path called “Chemin des Vernèdes hautes”, a beautiful little path between the gardens, which follows an irrigation canal on 600m before finding on a small road (D178) towards the spring “Source du Durzon”
2. Turn left and continue on the road for 5km before reaching the spring. Let’s take a break and admire this special and peaceful place.
3. Go back on the right bank of the Durzon: cross the small concrete bridge and turn left on a path along the stream with a luxuriant vegetation, moss covers trees and the light has difficulty to land on the ground.
4. At the end of the path, at the cross, take left and pass on the bridge, then turn right on the road to go back to Nant by the same way.



# All useful information

## **Is in the midst of the park**

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

## **How to come ?**

### Transports

To travel by [bus or train](#), by carpooling [Aires de covoiturage](#) and hitchhiking [Rezopuce](#).

### Access

From Millau by the D991 (Dourbie Gorges) or by the D809 then D999 (Larzac Causse).

### Advised parking

Place du Claux in Nant

## **Accessibility**

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VTTAE

## **Source**



C.C. Larzac et Vallées - Site VTT-FFC N°269



Site VTT cofinancé par l'Union Européenne.