

Brebis'Cyclette, In the Pays de Roquefort

Aveyron



Troupeau de brebis Lacaune (Greg Alric)



This family and tasty circuit runs throughout the Pays de Roquefort, a major site for the producing the «King of cheeses», and a land of wide open spaces marked by agro-pastoral tradition and medieval history.

This cycling tour is like a Roquefort tasting session: it offers a smooth start, and irresistibly all the character of the land permeates you! The Combalou scree – along with the visit to the ripening caves – the wild amphitheatre of Tournemire, the fort of Saint-Jean d'Alcas and the guided visit to the farm of Hermilix with its lavogne are beautiful excuses to put your foot down.

Useful information

Practice : Road bike

Duration : 4 h

Length : 59.4 km

Trek ascent : 1084 m

Difficulty : Rouge (difficile)

Type : Loop

Themes : Point de vue, Histoire et patrimoine, Agropastoralisme, Top 20 à Vélo

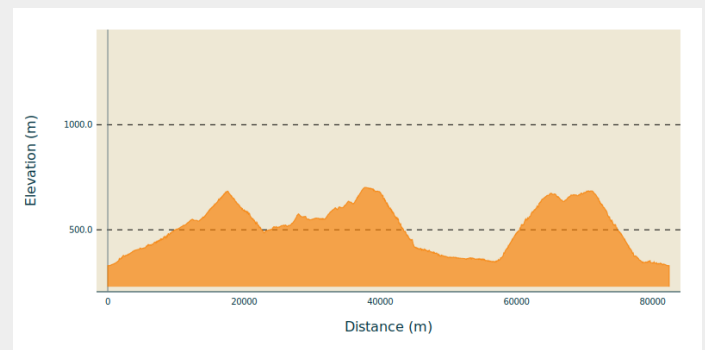
Accessibility : VTAE

Departure : Mountain Bike Station, Rue du 12 Étoiles, Saint-Affrique

Arrival : Mountain Bike Station, Rue du 12 Étoiles, Saint-Affrique

Cities : 1. Saint-Affrique
2. Saint-Jean-d'Alcapiès
3. Saint-Jean-et-Saint-Paul
4. Roquefort-sur-Soulzon
5. Tournemire
6. Saint-Félix-de-Sorgues
7. Versols-et-Lapeyre

Altimetric profile



Min elevation 327 m Max elevation 702 m

1. From the bike service station, take the greenway (V85) towards the village of Saint-Jean-d'Alcapiès. (The greenway has a stabilised sand surface that may contain small stones. Cyclists who prefer to take the road should follow the RD999 to Saint-Jean-d'Alcapiès.)
2. At the RD293 road intersection, take to the right towards Massergues.
3. At the next junction, turn to the left to start the rising trail towards the Aiguières pass, while enjoying an unobstructed view over the Tournemire amphitheatre.
4. In Roquefort, take the RD23 in the direction of Tournemire. After 3 km, turn right onto the RD559 road towards Saint-Jean d'Alcas.
5. Take left onto the RD93 road in the direction of Fondamente, then 1.5 km farther, take a right towards Saint-Jean d'Alcas – Saint-Félix.
6. Keep riding on the main road up to Saint-Félix de Sorgues. A brief going to the fort of Saint-Jean d'Alcas and return is feasible.
7. Turn to the right to Saint-Affrique – la vallée de la Sorgues. Carry on along the D7 road up to the road sign indicating Truans to the right.
8. From here, you can either cycle back directly to Saint-Affrique to shorten the ride to 47 km, or take right the small ascending road, then head for Hermilix.
9. Going to visit the Hermilix farm and back is possible. After your visit, head towards the Causse de Nissac and continue on the main road to the junction with the RD7 road. At this junction, turn to the right to go back to Saint-Affrique.

On your path...



All useful information



Bring a supply of water and suitable clothing.

How to come ?

Transports

All the information is available on the [Tourist Office website](#).

Access

Saint-Affrique is situated 31 km southwest of Millau via the D992 and D999 roads.

Advised parking

Mountain bike station car park, rue du 12 Étoiles, Saint-Affrique

Accessibility

VTTAE

Source



Espace CYCLOSPORT FFC