

Brebis' Cyclette in the Pays de Roquefort

Aveyron



Troupeau de brebis Lacaune (Greg Alric)



This family and tasty circuit runs throughout the Pays de Roquefort, a major site for the producing the «King of cheeses», and a land of wide open spaces marked by agro-pastoral tradition and medieval history.

This cycling tour is like a Roquefort tasting session: it offers a smooth start, and irresistibly all the character of the land permeates you! The Combalou scree - along with the visit to the ripening caves - the wild amphitheatre of Tournemire, the fort of Saint-Jean d'Alcas and the guided visit to the farm of Hermilix with its lavogne are beautiful excuses to put your foot down.

Useful information

Practice : Cyclo

Duration : 4 h

Length : 59.4 km

Trek ascent : 1084 m

Difficulty : Rouge (difficile)

Type : Loop

Themes : Point de vue, Histoire et patrimoine, Agropastoralisme

Accessibility : VTTAE

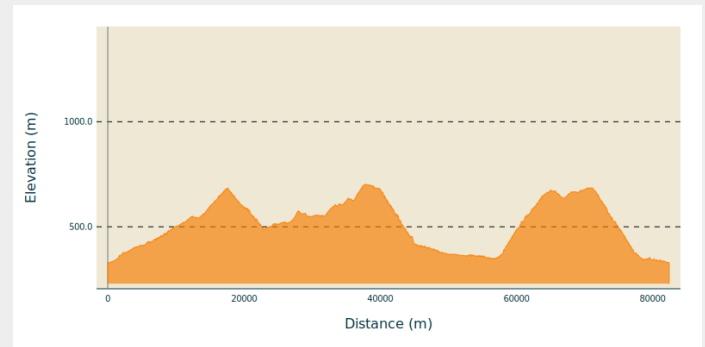
Trek

Departure : Saint-Affrique Tourist Office

Arrival : Saint-Affrique Tourist Office

- Cities** :
1. Saint-Affrique
 2. Saint-Jean-d'Alcapiès
 3. Saint-Jean-et-Saint-Paul
 4. Roquefort-sur-Soulzon
 5. Tournemire
 6. Saint-Félix-de-Sorgues
 7. Versols-et-Lapeyre

Altimetric profile



Min elevation 327 m Max elevation 702 m

1. From the Tourist Office situated on Boulevard Aristide Briand in Saint-Affrique, take the D225 road towards Millau.
2. After approximately 1 km, ride across the Boulevard de la Capelle to join the Saint-Affricain green lane (V85). Keep straight on along the green lane up to the village of Saint-Jean d'Alcapiès (this lane features a stabilised coating which may include some pebbles). For those who wish to cycle the road, take the RD 999 up to Saint-Jean d'Alcapiès).
3. At the RD 293 road intersection, take to the right towards Massergues.
4. At the next junction, turn to the left to start the rising trail towards the Aiguières pass, while enjoying an unobstructed view over the Tournemire amphitheatre.
5. In Roquefort, take the RD 23 in the direction of Tournemire. After 3 km, turn right onto the RD559 road towards Saint-Jean d'Alcas.
6. Take left onto the RD 93 road in the direction of Fondamente, then 1.5 km farther, take a right towards Saint-Jean d'Alcas – Saint-Félix.
7. Keep riding on the main road up to Saint-Félix de Sorgues. A brief going to the fort of Saint-Jean d'Alcas and return is feasible.
8. Turn to the right to Saint-Affrique – la vallée de la Sorgues. Carry on along the D7 road up to the road sign indicating Truans to the right.
9. From here, you can either cycle back directly to Saint-Affrique to shorten the ride to 47 km, or take right the small ascending road, then head for Hermilix.
10. Going to visit the Hermilix farm and back is possible. After your visit, head towards the Causse de Nissac and continue on the main road to the junction with the RD 7 road. At this junction, turn to the right to go back to Saint-Affrique.

All useful information



Prévoir une réserve d'eau et une tenue adaptée

How to come ?

Transports

Toutes les informations sur le site de [l'office de tourisme](#)

Access

Saint-Affrique is situated 31 km southwest of Millau via the D 992 and D999 roads

Advised parking

Car park of the bus station, boulevard Aristide Briens in Saint-Affrique

Accessibility

VTTAE